Complications of Glucocorticoids and Simple Steps for Early Diagnosis and Prevention

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Abstract

The aim of this article is to introduce the complications of using glucocorticoids and the steps to prevent them. Glucocorticoids are used to treat a variety of diseases such as inflammatory diseases, infections, and transplantation. However, their use can cause complications in the body. Some of the complications include adrenal suppression, Flushing, hypokalemia, osteoporosis, and infections. To prevent these complications, we should follow some steps, such as monitoring the treatment, using lower doses of medication, and ensuring proper patient education. In conclusion, it is crucial to recognize the complications of glucocorticoids and take appropriate steps to prevent them. This article aims to raise awareness of the complications and the steps to follow to prevent them.

Reference: